

Herbs

Gardening 101



List of Annuals, Biennial and Perennials of Herbs

Annuals (plant that grows, flowers, sets seeds and dies in one season): borage, calendula, German Chamomile, cilantro, dill, basil, nasturtium, cayenne pepper

Biennials (plant that lives for two years-it grows leaves in the first season, then flowers, sets seed and dies its second season): angelica, clary, parsley, woad

Perennials (plant that lives for more than two years): (herbaceous) anise, hyssop, beebalm, catnip, comfrey, horehound, lemon balm, mint, oregano, pennyroyal, sorrel, tarragon; (woody) gerrymander, hyssop, lavender, sage, santolina, southernwood, roses, willow, eucalyptus; (tender) bay laurel, rosemary, (in some areas), lemongrass, lemon verbena, scented geraniums, sweet marjoram

(“Herb Gardening” by Melissa Snyder, pg. 17)

Books:

“Gaia’s Garden” by Toby Hemmingway
One my personal favorites. Fun book that inspires permaculture “baby steps.”

Available at the Powhatan County Public Library:

“Herb Crafts” by Tessa Evelegh
Great ideas and instruction for using herbs

“Herb Drying Handbook” by Nora Blose and Dawn Clark
Herb profiles and instructions on how to dry herbs

“Herb Gardening” by Melissa Snyder
Fun book to read covers soil preparation, choosing plants, care, harvest and use of herbs

“Growing Your Own Tea Garden” by Jodi Helmer

Available at the Goochland Extention Office:

“Herb Gardening” by Patricia Hopkinson

“Rodale’s Illustrated Encyclopedia of Herbs” edited by Claire Kowalchik and William H. Hylton
Extensive A-Z format of more than 140 herb

Places to go:

Seed Library at Powhatan County Public Library

If you're up for a field trip, you're welcome to visit the "Dirty Hands Herb Garden" at Reynold's Community College in Goochland during daylight hours.



The fourth annual Garden Expo with Seed Share is scheduled for Saturday, January 31, 2026 at the Louisa County Middle School; 1009 Davis Highway Mineral, VA., from 9:30 to 12:30 p.m. The inclement weather date is Saturday, February 7, 2026



Internet Sites:

"Herb Culture and Use" Publication 426-420, VCE Publication
<https://www.pubs.ext.vt.edu/426/426-420/426-420.html>
Overview of basic information on herbs-posted with class documents

"Companion Planting"
www.extention.um.edu/planting-and-growing-guides/companion-planting-home-gardens
Research based information on companion planting-posted with class documents

"Growing and Using Culinary Herbs"-given as a handout with permission-posted with class documents
Trumpet Vine, Winter 2022-23 Edition, Loudoun County Extension Master Gardeners
Volume XIX, Issue 1 www.loudouncountymastergardeners.org